Coverage: (0-59 months) 127.2%

Number of Provinces/ Cities with OPT Plus: 11

Regn PSGC: 110000000

IP Children Measured: (0-59 m) 22519

Region XI

Total # of Provinces/Cities: 11

Total Popn of Region: 4,452,549

Estimated # Preschoolers 0-59 mos.: 477,046

	0-5 Months			6-11 Months			12-23 Months			24-35 Months			36-47 Months			48-59 Months			60-71 Months			0-59 Months	
	Boys	Girls	Total	Boys	Girls	Total	Boys	Girls	Total	Boys	Girls	Total	Boys	Girls	Total	Boys	Girls	Total	Boys	Girls	Total	Total	Prev
Wt for Age - Normal	26,000	24,232	50,232	26,014	25,073	51,087	56,875	53,766	110,641	59,468	56,464	115,932	62,718	58,563	121,281	67,498	62,963	130,461	0	0	0	579,634	95.5%
Wt for Age - Overweight	890	825	1,715	337	268	605	505	451	956	430	343	773	399	336	735	481	243	724	0	0	0	5,508	0.9%
Wt for Age - Underweight	227	181	408	598	346	944	1,787	1,396	3,183	2,165	1,881	4,046	2,228	2,191	4,419	2,418	2,447	4,865	0	0	0	17,865	2.9%
Wt for Age - Sev. Underwt	93	89	182	133	110	243	415	305	720	459	454	913	439	451	890	357	396	753	0	0	0	3,701	0.6%
Ht for Age - Normal	24,925	23,216	48,141	24,645	23,953	48,598	52,987	50,851	103,838	56,019	53,400	109,419	59,268	55,776	115,044	64,441	60,155	124,596	0	0	0	549,636	90.6%
Ht for Age - Tall	1,313	1,401	2,714	808	765	1,573	1,335	1,209	2,544	824	925	1,749	453	401	854	273	161	434	0	0	0	9,868	1.6%
Ht for Age - Stunted	726	475	1,201	1,212	767	1,979	3,743	2,876	6,619	4,493	3,752	8,245	4,973	4,316	9,289	4,807	4,539	9,346	0	0	0	36,679	6.0%
Ht for Age - Sev. Stunted	282	189	471	391	260	651	1,328	914	2,242	1,325	1,049	2,374	1,235	1,121	2,356	1,216	1,168	2,384	0	0	0	10,478	1.7%
Wt for L/Ht - Normal	25,203	23,683	48,886	25,771	24,799	50,570	57,027	52,319	109,346	59,785	57,103	116,888	63,656	59,678	123,334	68,408	64,365	132,773	0	0	0	581,797	95.9%
Wt for L/Ht - Overwt	905	706	1,611	436	375	811	720	691	1,411	665	582	1,247	555	504	1,059	705	444	1,149	0	0	0	7,288	1.2%
Wt for L/Ht - Obese	519	438	957	231	156	387	345	282	627	362	235	597	388	311	699	472	260	732	0	0	0	3,999	0.7%
Wt for L/Ht - Wasted	376	292	668	452	321	773	1,121	820	1,941	1,190	1,004	2,194	1,053	932	1,985	1,011	856	1,867	0	0	0	9,428	1.6%
Wt for L/Ht - Sev.Wasted	198	152	350	129	124	253	288	220	508	303	218	521	250	186	436	176	162	338	0	0	0	2,406	0.4%
Grand Total	27,210	25,327	52,537	27,082	25,797	52,879	59,582	55,918	115,500	62,522	59,142	121,664	65,784	61,541	127,325	70,754	66,049	136,803	0	0	0	606,708	

Note: This table is pre-formatted for printing on long size paper (8.5 in. x 13 in), landscape view.

Important: For correct borders and pagination, set your printer to Long size (8.5 x 13 inches) paper.

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 1 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11

Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: ☑ **Normal Weight for Age** **Normal Length/Height for Age** **Normal Weight for Length/Height**

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children: 0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		Total # Normal WFA Measured
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	3,023	2,909	3,234	3,108	7,063	6,691	7,370	6,780	7,495	7,105	8,026	7,377	70181
Davao City	190274	189080	99.4%	7,597	7,298	8,106	7,735	17,013	16,447	18,077	17,193	19,322	18,492	23,167	21,980	182427
Davao del Norte	114887	107278	93.4%	4,562	4,141	4,579	4,331	10,388	9,648	10,839	10,331	11,383	10,436	11,573	10,639	102850
Davao del Oriental	63415	58671	92.5%	2,779	2,562	2,378	2,435	5,424	5,045	5,892	5,527	6,176	5,614	6,301	5,933	56066
Davao del Sur	73708	60000	81.4%	2,796	2,455	2,639	2,528	5,640	5,264	5,930	5,579	6,176	5,679	6,096	5,582	56364
Davao Occidental	35815	29253	81.7%	1,133	1,111	1,145	1,119	2,419	2,378	2,604	2,596	2,874	2,771	2,981	2,922	26053
Digos City	19737	16434	83.3%	830	719	802	781	1,701	1,567	1,534	1,534	1,687	1,503	1,656	1,441	15755
Island Garden City of S	11770	10520	89.4%	539	480	429	392	1,067	1,001	1,049	972	1,116	1,023	1,112	1,000	10180
Mati City	16013	13234	82.6%	625	607	533	579	1,295	1,137	1,255	1,242	1,400	1,267	1,398	1,230	12568
Panabo City	20867	18497	88.6%	713	654	704	703	1,751	1,637	1,902	1,732	1,880	1,856	1,966	1,846	17344
Tagum City	31648	30574	96.6%	1,403	1,296	1,465	1,362	3,114	2,951	3,016	2,978	3,209	2,817	3,222	3,013	29846
																0
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																0
																0
TOTAL	661,145	606,838	91.8%	26,000	24,232	26,014	25,073	56,875	53,766	59,468	56,464	62,718	58,563	67,498	62,963	579,634

Prepared by: LIEZEL JOY D. REYES, RND
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Nutrition Officer I , NNC-Regional Office, Region XI

Validated by: DR. MARIA TERESA L. UNGSON, RND, MPS- FNP
NAME AND SIGNATURE
Regional Nutrition Program Coordinator, NNC Region XI

Date: DECEMBER 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 2 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11

Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: **Normal Weight for Age** ☑ **Normal Length/Height for Age** **Normal Weight for Length/Height**

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children: 0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		Total # Normal HFA Measured
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	2,897	2,770	2,972	2,918	6,561	6,295	6,999	6,390	7,133	6,853	7,543	6,893	66224
Davao City	190274	189080	99.4%	7,500	7,192	7,893	7,578	16,361	15,960	17,388	16,623	18,631	17,975	22,588	21,458	177147
Davao del Norte	114887	107278	93.4%	4,339	3,944	4,329	4,157	9,641	9,163	10,227	9,817	10,870	10,019	11,153	10,202	97861
Davao del Oriental	63415	58671	92.5%	2,598	2,408	2,193	2,266	4,869	4,629	5,339	5,070	5,623	5,129	5,790	5,458	51372
Davao del Sur	73708	60000	81.4%	2,588	2,277	2,424	2,351	5,089	4,814	5,443	5,138	5,617	5,251	5,692	5,303	51987
Davao Occidental	35815	29253	81.7%	1,044	1,003	1,060	1,002	2,061	2,044	2,200	2,242	2,460	2,406	2,599	2,560	22681
Digos City	19737	16434	83.3%	791	682	765	734	1,592	1,489	1,551	1,463	1,594	1,429	1,610	1,398	15098
Island Garden City of Sar	11770	10520	89.4%	536	467	427	384	1,033	980	1,022	952	1,093	1,007	1,078	974	9953
Mati City	16013	13234	82.6%	590	581	510	546	1,208	1,066	1,181	1,169	1,336	1,198	1,340	1,178	11903
Panabo City	20867	18497	88.6%	652	598	623	658	1,499	1,479	1,693	1,586	1,729	1,706	1,838	1,740	15801
Tagum City	31648	30574	96.6%	1,390	1,294	1,449	1,359	3,073	2,932	2,976	2,950	3,182	2,803	3,210	2,991	29609
																0
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																0
TOTAL	661,145	606,838	91.8%	24,925	23,216	24,645	23,953	52,987	50,851	56,019	53,400	59,268	55,776	64,441	60,155	549,636

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Nutrition Officer I , NNC-Regional Office, Region XI

Validated by: DR. MARIA TERESA L. UNGSON, RND, MPS- FNP
NAME AND SIGNATURE
Regional Nutrition Program Coordinator, NNC Region XI

Date: DECEMBER 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 3 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11

Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: Normal Weight for Age | Normal Length/Height for Age | ☑ Normal Weight for Length/Height

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children: 0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		Total # Normal WFL/H Measured
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	2,881	2,783	3,161	3,033	6,998	6,703	7,531	6,845	7,709	7,352	8,091	7,500	70587
Davao City	190274	189080	99.4%	7,615	7,311	8,199	7,772	17,294	16,673	18,493	17,615	19,758	18,964	23,571	22,445	185710
Davao del Norte	114887	107278	93.4%	4,444	4,058	4,508	4,297	10,367	9,624	10,875	10,400	11,466	10,550	11,704	10,820	103113
Davao del Oriental	63415	58671	92.5%	2,568	2,417	2,296	2,353	5,318	4,974	5,768	5,439	6,108	5,622	6,304	6,016	55183
Davao del Sur	73708	60000	81.4%	2,677	2,399	2,602	2,491	5,644	5,258	5,561	5,561	6,236	5,771	6,188	5,826	56214
Davao Occidental	35815	29253	81.7%	1,010	1,042	1,102	1,052	2,506	2,377	2,725	2,755	3,013	2,885	3,126	3,076	26669
Digos City	19737	16434	83.3%	818	712	799	776	1,693	11	1,624	1,530	1,705	1,519	1,673	1,479	14339
Island Garden City of Sar	11770	10520	89.4%	531	474	426	394	1,067	998	1,054	984	1,133	1,044	1,125	1,014	10244
Mati City	16013	13234	82.6%	597	587	525	570	1,275	1,125	1,245	1,228	1,402	1,269	1,403	1,262	12488
Panabo City	20867	18497	88.6%	671	600	685	691	1,727	1,607	1,873	1,731	1,887	1,846	1,962	1,867	17147
Tagum City	31648	30574	96.6%	1,391	1,300	1,468	1,370	3,138	2,969	3,036	3,015	3,239	2,856	3,261	3,060	30103
																0
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TOTAL	661145	606838	91.8%	25,203	23,683	25,771	24,799	57,027	52,319	59,785	57,103	63,656	59,678	68,408	64,365	581,797

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Nutrition Officer I , NNC-Regional Office, Region XI

Validated by: DR. MARIA TERESA L. UNGSON, RND, MPS- FNP
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Regional Nutrition Program Coordinator, NNC Region XI

Date: DECEMBER 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 4 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11

Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: ☑ **Underweight Weight for Age** **Stunted Length/Height for Age** **Wasted Weight for Length/Height**

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children: 0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		Total # UW Measured
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	25	21	68	37	233	180	298	217	260	292	275	262	2168
Davao City	190274	189080	99.4%	73	55	184	114	466	395	548	510	567	593	605	589	4699
Davao del Norte	114887	107278	93.4%	23	23	71	50	255	212	340	305	352	323	360	375	2689
Davao del Oriental	63415	58671	92.5%	21	12	62	24	140	115	169	141	216	207	243	250	1600
Davao del Sur	73708	60000	81.4%	28	26	75	38	232	162	283	230	278	261	350	356	2319
Davao Occidental	35815	29253	81.7%	27	25	60	41	237	146	264	263	276	265	314	301	2219
Digos City	19737	16434	83.3%	5	4	13	6	31	32	36	28	41	39	48	55	338
Island Garden City of Sar	11770	10520	89.4%	2	0	4	5	18	19	25	25	32	37	35	27	229
Mati City	16013	13234	82.6%	6	4	23	7	37	32	57	34	64	52	61	70	447
Panabo City	20867	18497	88.6%	14	4	25	12	81	53	88	73	88	62	75	104	679
Tagum City	31648	30574	96.6%	3	7	13	12	57	50	57	55	54	60	52	58	478
																0
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																0
																0
TOTAL	661145	606838	91.8%	227	181	598	346	1,787	1,396	2,165	1,881	2,228	2,191	2,418	2,447	17,865

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Nutrition Officer I , NNC-Regional Office, Region XI

Validated by: DR. MARIA TERESA L. UNGSON, RND, MPS- FNP
NAME AND SIGNATURE
Regional Nutrition Program Coordinator, NNC Region XI

Date: December 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 5 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11

Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: **Underweight Weight for Age** ☑ **Stunted Length/Height for Age** **Wasted Weight for Length/Height**

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children: 0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		Total # Stunted Measured
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	80	62	186	106	540	375	621	524	655	599	634	622	5004
Davao City	190274	189080	99.4%	151	111	299	204	911	703	1,086	883	1,146	994	1,125	1,012	8625
Davao del Norte	114887	107278	93.4%	112	71	173	118	629	437	696	591	729	625	696	702	5579
Davao del Oriental	63415	58671	92.5%	104	53	134	83	444	338	560	450	667	586	664	638	4721
Davao del Sur	73708	60000	81.4%	109	67	163	92	487	365	543	476	707	562	654	583	4808
Davao Occidental	35815	29253	81.7%	69	64	113	75	383	294	434	416	529	458	520	459	3814
Digos City	19737	16434	83.3%	18	8	26	16	86	64	79	65	103	90	80	86	721
Island Garden City of Sar	11770	10520	89.4%	3	2	7	8	41	38	53	40	56	53	76	55	432
Mati City	16013	13234	82.6%	30	10	30	17	95	70	109	89	116	107	117	119	909
Panabo City	20867	18497	88.6%	39	19	59	38	66	148	229	156	181	163	177	180	1455
Tagum City	31648	30574	96.6%	11	8	22	10	61	44	83	62	84	79	64	83	611
																0
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TOTAL	661,145	606,838	91.8%	726	475	1,212	767	3,743	2,876	4,493	3,752	4,973	4,316	4,807	4,539	36,679

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Nutrition Officer I , NNC-Regional Office, Region XI

Validated by: DR. MARIA TERESA L. UNGSON, RND, MPS- FNP
NAME AND SIGNATURE
Regional Nutrition Program Coordinator, NNC Region XI

Date: DECEMBER 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 6 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11

Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: **Underweight Weight for Age** **Stunted Length/Height for Age** ☑ **Wasted Weight for Length/Height**

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children: 0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		Total # Wasted Measured
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	37	19	43	44	150	82	164	122	128	123	104	88	1104
Davao City	190274	189080	99.4%	59	36	65	44	163	135	138	118	128	111	128	120	1245
Davao del Norte	114887	107278	93.4%	73	61	83	50	184	141	217	199	198	178	153	143	1680
Davao del Oriental	63415	58671	92.5%	62	39	71	51	167	113	182	153	172	136	164	116	1426
Davao del Sur	73708	60000	81.4%	59	55	68	43	148	107	183	146	144	117	172	134	1376
Davao Occidental	35815	29253	81.7%	41	38	60	53	135	120	119	115	130	127	151	130	1219
Digos City	19737	16434	83.3%	5	7	9	5	17	11	20	17	11	17	12	16	147
Island Garden City of Sar	11770	10520	89.4%	5	1	4	1	7	9	12	12	10	10	12	9	92
Mati City	16013	13234	82.6%	12	9	20	8	55	36	45	42	51	34	49	28	389
Panabo City	20867	18497	88.6%	19	19	22	17	65	41	87	65	62	67	53	62	579
Tagum City	31648	30574	96.6%	4	8	7	5	30	25	23	15	19	12	13	10	171
																0
																0
																0
																0
																0
																0
TOTAL	661,145	606,838	91.8%	376	292	452	321	1,121	820	1,190	1,004	1,053	932	1,011	856	9,428

Prepared by: LIEZEL JOY D. REYES, RND
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Validated by: DR. MARIA TERESA L. UNGSON, RND, MPS- FNP
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Regional Nutrition Program Coordinator, NNC Region XI

Date: DECEMBER 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 7 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11

Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: ☑ **Severely Underweight Weight for Age** **Severely Stunted Length/Height for Age** **Severely Wasted Weight for Length/Height**

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children												Total # SUW Measured
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	9	8	27	11	58	36	58	55	48	60	37	56	463
Davao City	190274	189080	99.4%	25	30	39	28	102	75	109	103	94	78	71	85	839
Davao del Norte	114887	107278	93.4%	16	16	13	17	61	55	70	85	74	86	65	57	615
Davao del Oriental	63415	58671	92.5%	9	8	14	16	37	30	43	47	45	47	39	38	373
Davao del Sur	73708	60000	81.4%	6	8	15	9	45	27	51	30	52	46	32	60	381
Davao Occidental	35815	29253	81.7%	18	11	16	14	71	49	77	77	73	72	68	57	603
Digos City	19737	16434	83.3%	0	1	1	3	1	4	10	3	10	14	4	9	60
Island Garden City of Sar	11770	10520	89.4%	2	1	2	1	3	1	5	4	3	2	1	4	29
Mati City	16013	13234	82.6%	0	0	2	2	13	10	8	16	13	13	13	8	98
Panabo City	20867	18497	88.6%	5	3	3	8	19	12	22	22	18	20	16	18	166
Tagum City	31648	30574	96.6%	3	3	1	1	5	6	6	12	9	13	11	4	74
																0
																0
																0
																0
																0
																0
TOTAL	661,145	606,838	91.8%	93	89	133	110	415	305	459	454	439	451	357	396	3,701

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Date: DECEMBER 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 8 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11

Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: **Severely Underweight Weight for Age** ☑ **Severely Stunted Length/Height for Age** **Severely Wasted Weight for Length/Height**

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children: 0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		Total # SSt Measured
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	32	12	60	35	159	113	153	126	142	123	149	159	1263
Davao City	190274	189080	99.4%	51	47	84	44	240	162	214	201	211	189	197	174	1814
Davao del Norte	114887	107278	93.4%	51	36	64	46	237	183	241	185	216	198	200	200	1857
Davao del Oriental	63415	58671	92.5%	26	15	35	32	152	104	129	108	131	131	156	138	1157
Davao del Sur	73708	60000	81.4%	35	15	45	32	174	101	156	110	150	134	149	143	1244
Davao Occidental	35815	29253	81.7%	56	38	64	35	231	149	286	212	251	224	245	246	2037
Digos City	19737	16434	83.3%	3	3	6	11	17	14	22	8	20	29	23	19	175
Island Garden City of Sar	11770	10520	89.4%	3	1	2	0	2	1	6	5	9	9	5	4	47
Mati City	16013	13234	82.6%	4	5	6	9	27	21	24	23	21	21	23	16	200
Panabo City	20867	18497	88.6%	18	13	21	14	66	53	73	50	61	45	46	54	514
Tagum City	31648	30574	96.6%	3	4	4	2	23	13	21	21	23	18	23	15	170
																0
																0
																0
																0
																0
																0
TOTAL	661,145	606,838	91.8%	282	189	391	260	1,328	914	1,325	1,049	1,235	1,121	1,216	1,168	10,478

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Date: December 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 9 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11

Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: **Severely Underweight Weight for Age** **Severely Stunted Length/Height for Age** ☑ **Severely Wasted Weight for Length/Height**

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children												Total # SW Measured
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	21	30	29	21	57	41	48	35	46	31	48	40	447
Davao City	190274	189080	99.4%	6	3	8	13	13	17	10	9	9	10	9	5	112
Davao del Norte	114887	107278	93.4%	21	14	10	10	28	28	31	29	34	20	21	16	262
Davao del Oriental	63415	58671	92.5%	58	41	27	27	60	35	72	48	55	38	27	22	510
Davao del Sur	73708	60000	81.4%	24	14	22	14	52	33	52	30	35	23	16	27	342
Davao Occidental	35815	29253	81.7%	47	37	22	28	51	42	53	39	42	42	42	33	478
Digos City	19737	16434	83.3%	1	0	1	0	4	1	7	0	5	2	0	2	23
Island Garden City of Sar	11770	10520	89.4%	2	0	0	1	3	1	0	0	1	0	0	1	9
Mati City	16013	13234	82.6%	7	7	5	7	10	8	15	9	14	12	7	8	109
Panabo City	20867	18497	88.6%	9	2	3	1	7	12	11	11	5	4	5	5	75
Tagum City	31648	30574	96.6%	2	4	2	2	3	2	4	8	4	4	1	3	39
																0
																0
																0
																0
																0
																0
TOTAL	661,145	606,838	91.8%	198	152	129	124	288	220	303	218	250	186	176	162	2,406

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Regional Nutrition Program Coordinator, NNC Region XI

Date: DECEMBER 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 10 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11

Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: ☑ **Overweight Weight for Age** **Tall Length/Height for Age** **Overweight Weight for Length/Height** **Obese Weight for Length/Height**

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children: 0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		Total # OverWt Measured
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	64	50	30	16	53	29	54	28	46	47	41	27	485
Davao City	190274	189080	99.4%	179	128	60	49	109	94	85	76	86	72	122	55	1115
Davao del Norte	114887	107278	93.4%	166	166	70	64	94	93	81	61	85	64	93	52	1089
Davao del Oriental	63415	58671	92.5%	134	137	34	32	39	55	45	41	28	29	40	21	635
Davao del Sur	73708	60000	81.4%	166	146	55	52	82	85	77	56	66	45	78	28	936
Davao Occidental	35815	29253	81.7%	51	73	39	14	54	39	21	31	15	13	19	9	378
Digos City	19737	16434	83.3%	22	23	8	5	18	12	15	13	20	16	22	9	183
Island Garden City of Sar	11770	10520	89.4%	15	8	5	1	2	2	8	4	8	10	14	5	82
Mati City	16013	13234	82.6%	26	32	8	4	7	3	11	3	3	7	12	5	121
Panabo City	20867	18497	88.6%	53	42	20	23	22	30	23	18	19	16	24	18	308
Tagum City	31648	30574	96.6%	14	20	8	8	25	9	10	12	23	17	16	14	176
																0
																0
																0
																0
																0
																0
TOTAL	661,145	606,838	91.8%	890	825	337	268	505	451	430	343	399	336	481	243	5,508

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Regional Nutrition Program Coordinator, NNC Region XI

Date: DECEMBER 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 11 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11

Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: **Overweight Weight for Age** ☑ **Tall Length/Height for Age** **Overweight Weight for Length/Height** **Obese Weight for Length/Height**

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children												Total # Tall Measured
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	90	105	81	72	127	109	63	63	40	26	20	10	806
Davao City	190274	189080	99.4%	175	164	108	99	182	185	134	176	81	67	77	46	1494
Davao del Norte	114887	107278	93.4%	300	295	167	141	291	225	166	189	79	67	42	19	1981
Davao del Oriental	63415	58671	92.5%	212	243	126	126	175	174	121	128	44	51	13	13	1426
Davao del Sur	73708	60000	81.4%	264	262	153	146	250	259	180	169	107	80	56	35	1961
Davao Occidental	35815	29253	81.7%	83	119	61	72	114	101	47	59	13	23	17	12	721
Digos City	19737	16434	83.3%	45	54	27	34	56	48	41	42	41	24	17	11	440
Island Garden City of Sar	11770	10520	89.4%	16	19	4	7	14	4	6	8	1	3	3	3	88
Mati City	16013	13234	82.6%	33	47	20	20	22	25	17	14	7	13	4	0	222
Panabo City	20867	18497	88.6%	76	73	49	36	60	52	40	53	34	40	20	12	545
Tagum City	31648	30574	96.6%	19	20	12	12	44	27	9	24	6	7	4	0	184
																0
																0
																0
																0
																0
																0
TOTAL	661,145	606,838	91.8%	1,313	1,401	808	765	1,335	1,209	824	925	453	401	273	161	9,868

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Date: DECEMBER 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 12 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11
Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: **Overweight Weight for Age** **Tall Length/Height for Age** ☑ **Overweight Weight for Length/Height** **Obese Weight for Length/Height**

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children: 0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		Total # OverWt WFL/H Measured
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	93	62	40	43	77	41	66	56	67	47	65	53	710
Davao City	190274	189080	99.4%	176	121	84	84	153	127	124	108	105	110	138	99	1429
Davao del Norte	114887	107278	93.4%	119	121	86	65	150	159	133	103	108	97	199	85	1425
Davao del Oriental	63415	58671	92.5%	158	140	69	53	63	91	83	84	89	67	74	50	1021
Davao del Sur	73708	60000	81.4%	149	89	56	49	103	99	109	109	80	61	94	65	1063
Davao Occidental	35815	29253	81.7%	76	57	39	39	61	55	43	41	29	35	36	30	541
Digos City	19737	16434	83.3%	25	21	10	9	27	27	28	22	17	20	25	11	242
Island Garden City of Sar	11770	10520	89.4%	9	10	6	1	10	15	15	7	6	9	13	5	106
Mati City	16013	13234	82.6%	25	28	11	5	8	11	12	11	10	18	16	8	163
Panabo City	20867	18497	88.6%	57	49	27	23	53	49	39	31	30	22	34	31	445
Tagum City	31648	30574	96.6%	18	8	8	4	15	17	13	10	14	18	11	7	143
																0
																0
																0
																0
																0
																0
TOTAL	661,145	606,838	91.8%	905	706	436	375	720	691	665	582	555	504	705	444	7,288

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Validated by: DR. MARIA TERESA L. UNGSON, RND, MPS- FNP
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Date: DECEMBER 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
Revised February 2019 Page 13 of 13

Total No. of Provinces/Cities: 11
Total No. of Provinces/Cities w/ OPT Plus Results: 11

Year/Period of Measurement: 2019
Indigenous Groups:

Region: XI

Number of Indigenous PS measured: (0-59 mos old) 22519

Please check: **Overweight Weight for Age** **Tall Length/Height for Age** **Overweight Weight for Length/Height** ☑ **Obese Weight for Length/Height**

Province/ Independent City	Estimated No. of 0-59 mos. old Preschool Children	Total No. of 0-59 mos. old PS measured	Coverage %	Total Number of Children: 0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		Total # Obese WFL/H Measured
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	
Compostela Valley	83011	73297	88.3%	65	44	24	7	47	29	36	23	45	39	54	27	440
Davao City	190274	189080	99.4%	52	48	31	18	67	60	53	32	69	42	79	33	584
Davao del Norte	114887	107278	93.4%	94	92	46	40	69	56	74	51	64	64	94	59	803
Davao del Oriental	63415	58671	92.5%	94	82	25	23	32	32	44	32	41	34	54	38	531
Davao del Sur	73708	60000	81.4%	85	64	39	27	49	43	65	48	73	52	78	33	656
Davao Occidental	35815	29253	81.7%	57	46	35	16	28	27	27	17	24	19	30	20	346
Digos City	19737	16434	83.3%	8	7	5	5	10	7	14	9	20	14	20	6	125
Island Garden City of Sa	11770	10520	89.4%	11	4	4	2	3	0	6	2	9	9	12	7	69
Mati City	16013	13234	82.6%	16	12	5	2	4	2	5	5	3	6	9	7	76
Panabo City	20867	18497	88.6%	29	33	15	14	21	23	25	7	21	15	27	21	251
Tagum City	31648	30574	96.6%	8	6	2	2	15	3	13	9	19	17	15	9	118
																0
																0
																0
																0
																0
																0
TOTAL	661,145	606,838	91.8%	519	438	231	156	345	282	362	235	388	311	472	260	3,999

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Regional Nutrition Program Coordinator, NNC Region XI

Date: December 17, 2019

Important: For correct borders and pagination, set your printer to Long size (8.5 x 13 inches) paper.

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Revised February 2019 Page 1 of 3

Total Popn of Region: 4,452,549 Source: PSA

Year OPT Plus: 2019

Region: XI CY 2018 Prevalence Rate UW + SUW 1/: 3.6%

Total # of LGUs: 11 0-59 mos.: 0.0355459

Total # of LGUs with OPT Plus Results/Total # of LGUs: 100.0%

Estimated No. of PS: 0-59 months old2/ 477,046

Actual No. of PS measured: 0-59 months old 606,708 0 -71 months old: 606,708

Percent OPT Plus Coverage: 0-59 months old 127.2%

Indigenous PS measured: 0-59 months old 22519 0 -71 months old:

Indigenous Group/s: *(Please specify)*

Age Group	Weight for Age Status											Total, by age group							
	Normal (N)		Underweight (UW)		Sev. Underwt (SUW)		Overweight (OW)		TOTAL			Total N		Total UW		Total SUW		Total OW	
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Total	No	Prev (%)	No	Prev (%)	No	Prev	No	Prev (%)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)
0-5 months (R1)	26,000	24,232	227	181	93	89	890	825	27,210	25,327	52,537	50,232	95.6	408	0.8	182	0.3	1715	3.3
6-11 months (R2)	26,014	25,073	598	346	133	110	337	268	27,082	25,797	52,879	51,087	96.6	944	1.8	243	0.5	605	1.1
12-23 months (R3)	56,875	53,766	1,787	1,396	415	305	505	451	59,582	55,918	115,500	110,641	95.8	3183	2.8	720	0.6	956	0.8
24-35 months (R4)	59,468	56,464	2,165	1,881	459	454	430	343	62,522	59,142	121,664	115,932	95.3	4046	3.3	913	0.8	773	0.6
36-47 months (R5)	62,718	58,563	2,228	2,191	439	451	399	336	65,784	61,541	127,325	121,281	95.3	4419	3.5	890	0.7	735	0.6
48-59 months (R6)	67,498	62,963	2,418	2,447	357	396	481	243	70,754	66,049	136,803	130,461	95.4	4865	3.6	753	0.6	724	0.5
60-71 months (R7)	0	0	0	0	0	0	0	0	0	0	0	0	0.0	0	0.0	0	0.0	0	0.0
Total (R8) 0-59 mos	298,573	281,061	9,423	8,442	1,896	1,805	3,042	2,466	312,934	293,774	606,708	579,634		17,865		3,701		5,508	
0-71 mos	298,573	281,061	9,423	8,442	1,896	1,805	3,042	2,466	312,934	293,774	606,708	579,634		17,865		3,701		5,508	
Prev (%) (R9) 0-59 mos	95.4	95.7	3.0	2.9	0.6	0.6	1.0	0.8	51.6	48.4			**95.5**		**2.9**		**0.6**		**0.9**
0-71 mos	95.4	95.7	3.0	2.9	0.6	0.6	1.0	0.8	51.6	48.4			95.5		2.9		0.6		0.9

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b)Total (R8) - refers to the sum of preschoolers by nutritional status for children 0-59 months and 0-71 months, c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 mos. & 0-71 mos.

1/ Refers to previous year prevalence rate of the area 2/ 0-59 months = 10.714% x Total Population

Use WEIGHT-FOR-LENGTH or WEIGHT-FOR-HEIGHT to correctly determine overweight and obesity

Prepared by: LIEZEL JOY D. REYES, RND
NAME AND SIGNATURE
Nutrition Officer I , NNC-Regional Office, Region XI

Validated by: DR. MARIA TERESA L. UNGSON, RND, MPS- FNP
NAME AND SIGNATURE
Regional Nutrition Program Coordinator, NNC Region XI

Date: DECEMBER 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus
Revised February 2019 Page 2 of 3

Total Popn of Region: 4,452,549 Source/Yr: PSA
Year OPT Plus: 2019
Region: XI CY 2018 Prevalence Rate of St. + SSt.[1/]: 8.2%
Total # of LGUs: 11 0-59 mos: 0.077732
Total # of LGUs with OPT Plus Results/Total # of LGUs: 100.0%

Estimated No. of PS: 0-59 months old[2/] 477,046
Actual No. of PS measured: 0-59 months old 606,661 0 -71 months old: 606,661
Percent OPT Plus Coverage: 0-59 months old 127.2%
Indigenous PS measured: 0-59 months old 22519 0 -71 months old:
Indigenous Group/s: *(Please specify)*

Age Group	Length/Height for Age Status											Total, by age group							
	Normal (N)		Stunted /Short (St)		Sev Stunted (SSt)		Tall (T)		TOTAL			Total N		Total St		Total SSt		Total T	
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Total	No	Prev (%)	No	Prev (%)	No	Prev (%)	No	Prev (%)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)
0-5 months (R1)	24,925	23,216	726	475	282	189	1,313	1,401	27,246	25,281	52,527	48,141	91.7	1201	2.3	471	0.9	2714	5.2
6-11 months (R2)	24,645	23,953	1,212	767	391	260	808	765	27,056	25,745	52,801	48,598	92.0	1979	3.7	651	1.2	1573	3.0
12-23 months (R3)	52,987	50,851	3,743	2,876	1,328	914	1,335	1,209	59,393	55,850	115,243	103,838	90.1	6619	5.7	2242	1.9	2544	2.2
24-35 months (R4)	56,019	53,400	4,493	3,752	1,325	1,049	824	925	62,661	59,126	121,787	109,419	89.8	8245	6.8	2374	1.9	1749	1.4
36-47 months (R5)	59,268	55,776	4,973	4,316	1,235	1,121	453	401	65,929	61,614	127,543	115,044	90.2	9289	7.3	2356	1.8	854	0.7
48-59 months (R6)	64,441	60,155	4,807	4,539	1,216	1,168	273	161	70,737	66,023	136,760	124,596	91.1	9346	6.8	2384	1.7	434	0.3
60-71 months (R7)	0	0	0	0	0	0	0	0	0	0	0	0	0.0	0	0.0	0	0.0	0	0.0
Total (R8) 0-59 mos	282,285	267,351	19,954	16,725	5,777	4,701	5,006	4,862	313,022	293,639	606,661	549,636		36,679		10,478		9,868	
0-71 mos	282,285	267,351	19,954	16,725	5,777	4,701	5,006	4,862	313,022	293,639	606,661	549,636		36,679		10,478		9,868	
Prev (%) (R9) 0-59 mos	90.2	91.0	6.4	5.7	1.8	1.6	1.6	1.7	51.6	48.4			**90.6**		**6.0**		**1.7**		**1.6**
0-71 mos	90.2	91.0	6.4	5.7	1.8	1.6	1.6	1.7	51.6	48.4			90.6		6.0		1.7		1.6

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b)Total (R8) - refers to the sum of preschoolers by nutritional status for children 0-59 months and 0-71 months, c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 mos. & 0-71 mos.
1/ Refers to previous year prevalence rate of the area 2/ 0-59 months = 10.714% x Total Population

Use WEIGHT-FOR-LENGTH or WEIGHT-FOR-HEIGHT to correctly determine overweight and obesity

Prepared by: LIEZEL JOY D. REYES, RND
NAME AND SIGNATURE
Nutrition Officer I, NNC-Regional Office, Region XI

Validated by: Validated by:
NAME AND SIGNATURE
Regional Nutrition Program Coordinator, NNC Region XI

Date: DECEMBER 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus
Revised February 2019 Page 3 of 3

Total Popn of Region: 4,452,949 Source/Yr.: PSA

Year OPT Plus: 2019

Region: XI CY 2018 Prevalence Rate W + SW [1]: 2.1%

Total # of LGUs: 11 0-59 mos: 2.0%

Total # of LGUs with OPT Plus Results/Total # of LGUs: 100.0%

Estimated No. of PS: 0-59 months old[2] 477,046

Actual No. of PS measured: 0-59 months old 604,918 0-71 months old: 604,918

Percent OPT Plus Coverage: 0-59 months old 127.2%

Indigenous PS measured: 0-59 months old 22519 0-71 months old:

Indigenous Group/s: *(Please specify)*

Age Group	Weight for Length/Height Status													Total, by age group									
	Normal (N)		Wasted (W)		SevWasted (SW)		Overweight (OW)		Obese (Ob)		TOTAL			Total N		Total W		Total SW		Total OW		Total Ob	
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Total	No	Prev (%)	No	Prev (%)	No	Prev (%)	No	Prev (%)	No	Prev (%)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)
0-5 months (R1)	25,203	23,683	376	292	198	152	905	706	519	438	27,201	25,271	52,472	48,886	93.2	668	1.3	350	0.7	1611	3.1	957	1.8
6-11 months (R2)	25,771	24,799	452	321	129	124	436	375	231	156	27,019	25,775	52,794	50,570	95.8	773	1.5	253	0.5	811	1.5	387	0.7
12-23 months (R3)	57,027	52,319	1,121	820	288	220	720	691	345	282	59,501	54,332	113,833	109,346	96.1	1941	1.7	508	0.4	1411	1.2	627	0.6
24-35 months (R4)	59,785	57,103	1,190	1,004	303	218	665	582	362	235	62,305	59,142	121,447	116,888	96.2	2194	1.8	521	0.4	1247	1.0	597	0.5
36-47 months (R5)	63,656	59,678	1,053	932	250	186	555	504	388	311	65,902	61,611	127,513	123,334	96.7	1985	1.6	436	0.3	1059	0.8	699	0.5
48-59 months (R6)	68,408	64,365	1,011	856	176	162	705	444	472	260	70,772	66,087	136,859	132,773	97.0	1867	1.4	338	0.2	1149	0.8	732	0.5
60-71 months (R7)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Total (R8) 0-59 mos	299,850	281,947	5,203	4,225	1,344	1,062	3,986	3,302	2,317	1,682	312,700	292,218	604,918	581,797		9,428		2,406		7,288		3,999	
0-71 mos	299,850	281,947	5,203	4,225	1,344	1,062	3,986	3,302	2,317	1,682	312,700	292,218	604,918	581,797		9,428		2,406		7,288		3,999	
Prev (%) (R9) 0-59 mos	95.9	96.5	1.7	1.4	0.4	0.4	1.3	1.1	0.7	0.6	51.7	48.3			**96.2**		**1.6**		**0.4**		**1.2**		**0.7**
0-71 mos	95.9	96.5	1.7	1.4	0.4	0.4	1.3	1.1	0.7	0.6	51.7	48.3			96.2		1.6		0.4		1.2		0.7

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b)Total (R8) - refers to the sum of preschoolers by nutritional status for children 0-59 months and 0-71 months; c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 mos. & 0-71 mos.

1/ Refers to previous year prevalence rate of the area 2/ 0-59 months = 10.714% x Total Population

Use WEIGHT-FOR-LENGTH for 0-23 months old preschool children and WEIGHT-FOR-HEIGHT for 24-60 months old preschool children.

Use WEIGHT-FOR-LENGTH or WEIGHT-FOR-HEIGHT to correctly determine overweight and obesity

Prepared by: LIEZEL JOY D. REYES, RND
NAME AND SIGNATURE
Nutrition Officer I , NNC-Regional Office, Region XI

Validated by:
NAME AND SIGNATURE
Regional Nutrition Program Coordinator, NNC Region XI

Date: December 17, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4B. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2019

Region: **XI** Total Population: **4,452,549** Source & Yr: PSA

OPT Plus Year: 2019 No. of Indigenous Groups Measured: 22 519

Regional Prevalence Rates from Previous Year: CY 2018

Wt. for Age 3.6 L/H for Age 8.2 Wt for L/Ht 2.1

Current Regional Prevalence Rates: (0-59 months)

Wt. for Age **3.6%** L/H for Age **7.8%** Wt for L/Ht **2.0%**

Province/Independent City	Total Number of Cities/Municipalities	Number of Cities/Municipalities with OPT Plus Results	Total Number of Barangays	Number of Barangays with OPT Results	Estimated # of Preschoolers 0-59 months old	Actual # of Preschoolers Measured (0-59 mos)		Actual # of Indigenous PS Measured (0-59 mos)	
						Weight	Height	Weight	Height
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
Compostela Valley	11	11	0	0	83,011	73,297	73,297	8,287	8,287
Davao City	0	0	182	182	190,274	189,080	189,080	0	0
Davao del Norte	11	11	0	0	114,887	107,278	107,278	0	0
Davao del Oriental	11	11	186	186	63,415	58,671	58,671	0	0
Davao del Sur	10	10	0	0	73,708	60,000	60,000	7,398	7,398
Davao Occidental	5	5	0	0	35,815	29,253	29,253	0	0
Digos City	0	0	26	26	19,737	16,434	16,434	1,832	1,832
Island Garden City of Samal	0	0	46	46	11,770	10,520	10,520	2,041	2,041
Mati City	0	0	26	26	16,013	13,234	13,234	0	0
Panabo City	0	0	40	40	20,867	18,497	18,497	1,016	1,016
Tagum City	0	0	23	23	31,648	30,574	30,574	1,945	1,945
TOTAL	**48**	**48**	**529**	**529**	**661,145**	**606,838**	**606,838**	**22,519**	**22,519**

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Nutrition Officer I , NNC-Reg. XI

Validated by: DR. MARIA TERESA L. UNGSON, RND, MPS- FNP
Regional Nutrition Program Coordinator, NNC-Region XI

Date: DECEMBER 17, 2019

NUTRITION IN EMERGENCIES

Number of Wasted and Severely Wasted Children

Region XI

OPT Plus 2019

Regional Summary	WEIGHT-FOR-LENGTH/HEIGHT: NUMBER OF CHILDREN AFFECTED					
	WASTED			SEVERELY WASTED		
	Boys	Girls	Total	Boys	Girls	Total
0 - 5 months	376	292	668	198	152	350
6 - 11 months	452	321	773	129	124	253
12 - 23 months	1,121	820	1,941	288	220	508
0 - 59 months	5,203	4,225	**9,428**	1,344	1,062	**2,406**
Prevalence 0 - 59 months		1.6%			0.4%	

To print, use long-size paper (8.5 x 13 in), landscape.

	Province/City	0 - 5 MONTHS				6 - 11 MONTHS				12 - 23 MONTHS				0 - 59 MONTHS				TOTAL # W & SW CHILDREN			
		BOYS		GIRLS		BOYS		GIRLS		BOYS		GIRLS		BOYS		GIRLS		0-5 mos	6-11 mos	12-23 mos	0-59 mos.
		W	SW	W	SW	W	SW	W	SW	W	SW	W	SW	W	SW	W	SW				
1	Compostela Valley	37	21	19	30	43	29	44	21	150	57	82	41	626	249	478	198	107	137	330	1,551
2	Davao City	59	6	36	3	65	8	44	13	163	13	135	17	681	55	564	57	104	130	328	1,357
3	Davao del Norte	73	21	61	14	83	10	50	10	184	28	141	28	908	145	772	117	169	153	381	1,942
4	Davao del Oriental	62	58	39	41	71	27	51	27	167	60	113	35	818	299	608	211	200	176	375	1,936
5	Davao del Sur	59	24	55	14	68	22	43	14	148	52	107	33	774	201	602	141	152	147	340	1,718
6	Davao Occidental	41	47	38	37	60	22	53	28	135	51	120	42	636	257	583	221	163	163	348	1,697
7	Digos City	5	1	7	0	9	1	5	0	17	4	11	1	74	18	73	5	13	15	33	170
8	Island Garden City of Sa	5	2	1	0	4	0	1	1	7	3	9	1	50	6	42	3	8	6	20	101
9	Mati City	12	7	9	7	20	5	8	7	55	10	36	8	232	58	157	51	35	40	109	498
10	Panabo City	19	9	19	2	22	3	17	1	65	7	41	12	308	40	271	35	49	43	125	654
11	Tagum City	4	2	8	4	7	2	5	2	30	3	25	2	96	16	75	23	18	16	60	210

NUTRITION IN EMERGENCIES

. Number of Stunted and Severely Stunted Children

Region XI

OPT Plus 2019

Regional Summary	HEIGHT-FOR-AGE: NUMBER OF CHILDREN AFFECTED					
	STUNTED			SEVERELY STUNTED		
	Boys	Girls	Total	Boys	Girls	Total
0 - 5 months	726	475	1,201	282	189	471
6 - 11 months	1,212	767	1,979	391	260	651
12 - 23 months	3,743	2,876	6,619	1,328	914	2,242
0 - 59 months	19,954	16,725	**36,679**	5,777	4,701	**10,478**
Prevalence 0 - 59 months		6.0%			1.7%	

To print, use long-size paper (8.5 x 13 in), landscape.

	Province/City	0 - 5 MONTHS				6 - 11 MONTHS				12 - 23 MONTHS				0 - 59 MONTHS				TOTAL # St & SSt CHILDREN			
		BOYS		GIRLS		BOYS		GIRLS		BOYS		GIRLS		BOYS		GIRLS		0-5 mos	6-11 mos	12-23 mos	0-59 mos.
		St	SSt	S	SSt	St	SSt	S	SSt	St	SSt	S	SSt	St	SSt	S	SSt				
1	Compostela Valley	80	32	62	12	186	60	106	35	540	159	375	113	2716	695	2288	568	186	387	1,187	6,267
2	Davao City	151	51	111	47	299	84	204	44	911	240	703	162	4718	997	3907	817	360	631	2,016	10,439
3	Davao del Norte	112	51	71	36	173	64	118	46	629	237	437	183	3035	1009	2544	848	270	401	1,486	7,436
4	Davao del Oriental	104	26	53	15	134	35	83	32	444	152	338	104	2573	629	2148	528	198	284	1,038	5,878
5	Davao del Sur	109	35	67	15	163	45	92	32	487	174	365	101	2663	709	2145	535	226	332	1,127	6,052
6	Davao Occidental	69	56	64	38	113	64	75	35	383	231	294	149	2048	1133	1766	904	227	287	1,057	5,851
7	Digos City	18	3	8	3	26	6	16	11	86	17	64	14	392	91	329	84	32	59	181	896
8	Island Garden City of Sa	3	3	2	1	7	2	8	0	41	2	38	1	236	27	196	20	9	17	82	479
9	Mati City	30	4	10	5	30	6	17	9	95	27	70	21	497	105	412	95	49	62	213	1,109
10	Panabo City	39	18	19	13	59	21	38	14	66	66	148	53	751	285	704	229	89	132	333	1969
11	Tagum City	11	3	8	4	22	4	10	2	61	23	44	13	325	97	286	73	26	38	141	781

NUTRITION IN EMERGENCIES

Number of Underweight and Severely Underweight Children

Region XI

OPT Plus 2019

Regional Summary	WEIGHT-FOR-AGE: NUMBER OF CHILDREN AFFECTED					
	UNDERWEIGHT			SEVERELY UNDERWEIGHT		
	Boys	Girls	Total	Boys	Girls	Total
0 - 5 months	227	181	408	93	89	182
6 - 11 months	598	346	944	133	110	243
12 - 23 months	1,787	1,396	3,183	415	305	720
0 - 59 months	9,423	8,442	**17,865**	1,896	1,805	**3,701**
Prevalence 0 - 59 months	2.9%			0.6%		

To print, use long-size paper (8.5 x 13 in), landscape.

	Province/City	0 - 5 MONTHS				6 - 11 MONTHS				12 - 23 MONTHS				0 - 59 MONTHS				TOTAL # UW & SUW CHILDREN			
		BOYS		GIRLS		BOYS		GIRLS		BOYS		GIRLS		BOYS		GIRLS		0-5 mos	6-11 mos	12-23 mos	0-59 mos.
		UW	SUW	UW	SUW	UW	SUW	UW	SUW	UW	SUW	UW	SUW	UW	SUW	UW	SUW				
1	Compostela Valley	25	25	21	8	68	27	37	11	233	58	180	36	1159	237	1009	226	79	143	507	2,631
2	Davao City	73	73	55	30	184	39	114	28	466	102	395	75	2443	440	2256	399	231	365	1,038	5,538
3	Davao del Norte	23	23	23	16	71	13	50	17	255	61	212	55	1401	299	1288	316	85	151	583	3,304
4	Davao del Oriental	21	21	12	8	62	14	24	16	140	37	115	30	851	187	749	186	62	116	322	1,973
5	Davao del Sur	28	28	26	8	75	15	38	9	232	45	162	27	1246	201	1073	180	90	137	466	2,700
6	Davao Occidental	27	27	25	11	60	16	41	14	237	71	146	49	1178	323	1041	280	90	131	503	2,822
7	Digos City	5	5	4	1	13	1	6	3	31	1	32	4	174	26	164	34	15	23	68	398
8	Island Garden City of Sa	2	2	0	1	4	2	5	1	18	3	19	1	116	16	113	13	5	12	41	258
9	Mati City	6	6	4	0	23	2	7	2	37	13	32	10	248	49	199	49	16	34	92	545
10	Panabo City	14	14	4	3	25	3	12	8	81	19	53	12	371	83	308	83	35	48	165	845
11	Tagum City	3	3	7	3	13	1	12	1	57	5	50	6	236	35	242	39	16	27	118	552

Region XI

OPERATION TIMBANG PLUS 2019

NUTRITIONAL STATUS OF CHILDREN 0-59 MONTHS OLD

SEX-DISAGGREGATED SUMMARY TABLES FOR PRESENTATIONS

Developed with Technical Assistance from the Food and Agriculture Organization of the United Nations
in Partnership with the National Nutrition Council and UNICEF

unicef

WEIGHT FOR AGE

	0-59 Months			
	Boys	Girls	Total	Prev
Normal	298,573	281,061	579,634	95.5%
Overweight	3,042	2,466	5,508	0.9%
Underweight	9,423	8,442	17,865	2.9%
Severely Underweight	1,896	1,805	3,701	0.6%

HEIGHT FOR AGE

	0-59 Months			
	Boys	Girls	Total	Prev
Normal	282,285	267,351	549,636	90.6%
Tall	5,006	4,862	9,868	1.6%
Stunted	19,954	16,725	36,679	6.0%
Severely Stunted	5,777	4,701	10,478	1.7%

WEIGHT FOR LENGTH/HEIGHT

	0-59 Months			
	Boys	Girls	Total	Prev
Normal	299,850	281,947	581,797	95.9%
Overweight	3,986	3,302	7,288	1.2%
Obese	2,317	1,682	3,999	0.7%
Wasted	5,203	4,225	9,428	1.6%
Severely Wasted	1,344	1,062	2,406	0.4%

Note: This worksheet is pre-formatted for printing on Letter size (8.5 x 11 in) paper, portrait view.

Region XI

OPERATION TIMBANG PLUS 2019

UNDERWEIGHT AND SEVERE UNDERWEIGHT

PREVALENCE AND MAGNITUDE AMONG UNDER-FIVE CHILDREN, BY PROVINCE/CITY

*Provinces/Cities ranked from high to low prevalence of UW + Severe UW.

To print, use long-size paper (8.5 x 13 in), portrait.

Rank*	PROVINCE/CITY	0-59 Months OPT Plus Coverage (%)	WEIGHT FOR AGE - CHILDREN UNDER-FIVE			
			Normal (%)	Overweight (%)	Underweight + Severely Underweight (%)	Number of Underweight + Severely Underweight
1	Davao Occidental	81.7%	89.1%	1.3%	9.6%	**2822**
2	Panabo City	88.6%	93.8%	1.7%	4.6%	**845**
3	Davao del Sur	81.4%	93.9%	1.6%	4.5%	**2700**
4	Mati City	82.6%	95.0%	0.9%	4.1%	**545**
5	Compostela Valley	88.3%	95.7%	0.7%	3.6%	**2631**
6	Davao del Oriental	92.5%	95.6%	1.1%	3.4%	**1973**
7	Davao del Norte	93.4%	95.9%	1.0%	3.1%	**3304**
8	Davao City	99.4%	96.5%	0.6%	2.9%	**5538**
9	Island Garden City of Samal	89.4%	96.8%	0.8%	2.5%	**258**
10	Digos City	83.3%	95.9%	1.1%	2.4%	**398**
11	Tagum City	96.6%	97.6%	0.6%	1.8%	**552**

Region XI

OPERATION TIMBANG PLUS 2019

STUNTING AND SEVERE STUNTING

PREVALENCE AND MAGNITUDE AMONG UNDER-FIVE CHILDREN, BY PROVINCE/CITY

*Provs/Cities ranked from high to low prevalence of Stunting + Severe Stunting.

To print, use long-size paper (8.5 x 13 in), portrait.

Rank*	PROVINCE/CITY	0-59 Months OPT Plus Coverage (%)	HEIGHT FOR AGE - CHILDREN UNDER-FIVE			
			Normal (%)	Tall (%)	Stunted + Severely Stunted (%)	Number of Stunted + Severely Stunted
1	Davao Occidental	81.7%	77.5%	2.5%	**20.0%**	**5851**
2	Panabo City	88.6%	85.4%	2.9%	10.6%	**1969**
3	Davao del Sur	81.4%	86.6%	3.3%	10.1%	**6052**
4	Davao del Oriental	92.5%	87.6%	2.4%	10.0%	**5878**
5	Compostela Valley	88.3%	90.4%	1.1%	8.6%	**6267**
6	Mati City	82.6%	89.9%	1.7%	8.4%	**1109**
7	Davao del Norte	93.4%	91.2%	1.8%	6.9%	**7436**
8	Davao City	99.4%	93.7%	0.8%	5.5%	**10439**
9	Digos City	83.3%	91.9%	2.7%	5.5%	**896**
10	Island Garden City of Samal	89.4%	94.6%	0.8%	4.6%	**479**
11	Tagum City	96.6%	96.8%	0.6%	2.6%	**781**

Region XI

OPERATION TIMBANG PLUS 2019

WASTING AND SEVERE WASTING

PREVALENCE AND MAGNITUDE AMONG UNDER-FIVE CHILDREN, BY PROVINCE/CITY

*Provinces/Cities ranked from high to low prevalence of Wasting + Severe Wasting.

To print, use long-size paper (8.5 x 13 in), portrait.

Rank*	PROVINCE/CITY	0-59 Months OPT Plus Coverage (%)	WEIGHT FOR LENGTH/HEIGHT - CHILDREN UNDER-FIVE			
			Normal (%)	Overweight + Obese (%)	Wasted + Severely Wasted (%)	Number of Wasted + Severely Wasted
1	Davao Occidental	81.7%	91.2%	3.0%	**5.8%**	**1697**
2	Mati City	82.6%	94.4%	1.8%	3.8%	**498**
3	Panabo City	88.6%	92.7%	3.8%	3.5%	**654**
4	Davao del Oriental	92.5%	94.1%	2.6%	3.3%	**1936**
5	Davao del Sur	81.4%	93.7%	2.9%	2.9%	**1718**
6	Compostela Valley	88.3%	96.3%	1.6%	2.1%	**1551**
7	Davao del Norte	93.4%	96.1%	2.1%	1.8%	**1942**
8	Digos City	83.3%	87.3%	2.2%	1.0%	**170**
9	Island Garden City of Samal	89.4%	97.4%	1.7%	1.0%	**101**
10	Davao City	99.4%	98.2%	1.1%	0.7%	**1357**
11	Tagum City	96.6%	98.5%	0.9%	0.7%	**210**

Region XI

OPERATION TIMBANG PLUS 2019

OVERWEIGHT AND OBESITY

PREVALENCE AND MAGNITUDE AMONG UNDER-FIVE CHILDREN, BY PROVINCE/CITY

*Provinces/Cities ranked from high to low prevalence of Overweight + Obesity.

To print, use long-size paper (8.5 x 13 in), portrait.

Rank*	PROVINCE/CITY	0-59 Months OPT Plus Coverage (%)	WEIGHT FOR LENGTH/HEIGHT - CHILDREN UNDER-FIVE			
			Normal (%)	Wasted + Severely Wasted (%)	Overweight + Obese (%)	Number of Overweight + Obese
1	Panabo City	88.6%	92.7%	3.5%	3.8%	**696**
2	Davao Occidental	81.7%	91.2%	**5.8%**	3.0%	**887**
3	Davao del Sur	81.4%	93.7%	2.9%	2.9%	**1719**
4	Davao del Oriental	92.5%	94.1%	3.3%	2.6%	**1552**
5	Digos City	83.3%	87.3%	1.0%	2.2%	**367**
6	Davao del Norte	93.4%	96.1%	1.8%	2.1%	**2228**
7	Mati City	82.6%	94.4%	3.8%	1.8%	**239**
8	Island Garden City of Samal	89.4%	97.4%	1.0%	1.7%	**175**
9	Compostela Valley	88.3%	96.3%	2.1%	1.6%	**1150**
10	Davao City	99.4%	98.2%	0.7%	1.1%	**2013**
11	Tagum City	96.6%	98.5%	0.7%	0.9%	**261**